

Course Plan: Introduction to the Field of Physical and Sports Activities Sciences and Techniques S2

Prepared by:

Dr. Layadi Issam

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Introduction

An overview of the course's importance and its educational objectives.

Units and Lectures

Lecture 1: Introduction to the Theory and Methodology of Adapted Sports Activities

- 1.1: Definition of adapted sports activities.
 - 1.2: Historical overview of individuals with disabilities.
 - 1.3: Goals and principles of adapted sports activities.
 - 1.4: Goals of adapted physical activities globally and in Algeria.
 - 1.5: General objectives of adapted physical activities.
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Lecture 2: General Characteristics of Adapted Physical Activities

- 2.1: General characteristics of adapted sports activities.
 - 2.2: Pedagogical procedures for presenting adapted activities.
 - 2.3: Methods and tools for teaching and training (design, organization, leadership, evaluation).
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Lecture 3: History of Adapted Physical Activities, Disability, and Classification

- 3.1: Historical development of adapted physical activities globally.
 - 3.2: Adapted physical activities in Algeria.
 - 3.3: Definition of disability and its types.
 - 3.4: Sports classification for individuals with disabilities.
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Lecture 4: Adaptation Process and Inclusion Process

- 4.1: Concept of adaptation in sports activities.
 - 4.2: Methods of adapting sports activities (movements, rules, equipment).
 - 4.3: Inclusion in physical education.
 - 4.4: Types of inclusion (family, social, educational, professional, sports).
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Lecture 5: Sports Management and the Concept of Sports Institutions

- 5.1: Definition and objectives of sports management.
 - 5.2: Importance of sports management.
 - 5.3: Definition of sports institutions.
 - 5.4: Legal and organizational structure of sports institutions.
 - 5.5: Sports federations and their components.
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Lecture 6: Elements of Sports Management and Areas of Sports Facility Management

- 6.1: Elements of sports management.
 - 6.2: Areas of sports facility management.
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-

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- 7.1: Concept of sports leadership.
- 7.2: Importance of leadership in sports.
- 7.3: Definition and origin of sports professionalism.

Lecture 8: Sports Media and Communication: Concepts and Theories

- **8.1:** Definition of sports media.
- **8.2:** Concept of sports communication.
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Lecture 9: Models of Modern Media Systems and Communication in Sports Organizations

- **9.1:** Models of modern media systems and their tools.
- **9.2:** Definition of digital media.
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Lecture 10: The Role of Sports Media in Awareness and Health Education

- **10.1:** The role of sports media in sustainable education and health awareness.
- **10.2:** Importance of sports media for society.

Lecture 11: Functions of Media in Society and Similar Concepts

- **11.1:** Concepts similar to media and communication.
- **11.2:** Functions of media in serving society.

Course Overview: Introduction to the Field of Physical and Sports Activities Sciences and Techniques 2

Instructor Information:

- **Name and Surname:** Issam Layadi
- **Rank:** Senior Lecturer (Grade A)
- **Professional Email:** i.layadi.issam@univ-soukahras.dz
- **Google Scholar Profile Name:** Issam LAYADI
- **Google Scholar Profile Link:** [Issam Layadi - Google Scholar](#)
- **Link google scholar:** <https://scholar.google.com/citations?user=N1sLdTAAAAAJ&hl=fr>

Course Information:

- **Master's Program Title:** Management of Sports Facilities and Human Resources
- **Semester:** Second
- **Module Name:** Exploratory Educational Units
- **Course Name:** Introduction to the Field of Physical and Sports Activities Sciences and Techniques 2
- **Credit Hours:** 1

Educational Objectives:

- Understand fundamental concepts, terms, theories, and characteristics of adapted physical sports activities, sports management, and sports media.
- Explore their respective fields and theories.

Prerequisite Knowledge:

- Familiarity with basic terms and definitions related to management and media in the sports field.

Course Content:

The course includes **11 lectures**, supported by examples and videos, designed to equip students with skills for preparing thesis projects.

Lecture Topics:

1. **Introduction to the Theory and Methodology of Adapted Sports Activities:**
Goals and principles of adapted sports activities.

2. **General Characteristics of Adapted Physical Activities:**
Methods and tools for teaching and training adapted sports activities (design, organization, leadership, evaluation).
 3. **History of Adapted Physical Activities and Disability Classification:**
 - Types of disabilities.
 - Sports classification for individuals with disabilities.
 4. **Adaptation and Inclusion Processes:**
 - Adaptation (movements, rules, equipment, facilities).
 - Inclusion (family, social, educational, professional, and sports integration).
 5. **Sports Management and Institutions:**
 - Definitions, objectives, sports federations, legal frameworks, and organizational structures.
 6. **Elements of Sports Management and Sports Facility Management:**
 - Sports facilities management, human resources, and financial management.
 7. **Sports Leadership and Professionalism:**
 - Concept, importance, and origins of sports professionalism.
 8. **Sports Media and Communication:**
 - Concepts and theories of sports media and communication.
 9. **Modern Media Systems and Tools:**
 - Digital media models and communication in sports organizations.
 10. **Role of Sports Media in Awareness and Health Education:**
 - Contributions to sustainable education and health awareness.
 11. **Functions of Media in Society:**
 - Similar concepts to media and their role in serving society.
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Learning Outcomes:

By the end of the course, students will be able to:

- Understand the basics of the field of Physical and Sports Activities Sciences and Techniques.
 - Differentiate between the components of the course and grasp the acquired objectives.
 - Apply concepts and definitions through explanation and continuous assessment.
 - Use their knowledge for practical applications, including leadership roles.
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Teaching Methods:

- **Direct Methods:** Interactive lectures with data show and multimedia tools.
 - **Indirect Methods:** Brainstorming and role-playing for leadership simulation.
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Tools and Resources:

- Computer systems and projectors (Data Show).
 - References: Books, printed materials, and online resources.
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Assessment:

- **Continuous Assessment:** Frequent evaluations through quizzes and discussions.
- **Final Evaluation:** Comprehensive assessment of students' understanding and analytical capabilities.

Assessment Goals:

- Measure students' ability to apply prior knowledge.
 - Evaluate practical application through leadership role simulation.
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References:

- Books and publications related to sports management and media.
- Online resources and websites.

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